

# Witham Oaks Academy

Week 1

w/b 01/09/26

w/b 21/09/26

w/b 12/10/26

## Monday

- 1. Jacket Potato topped with Mild Quorn Chilli or Cheese or Beans topping**

served with mixed salad

## Tuesday

- 1. NEW Bang Chicken Korma**

served with rice

## Wednesday

- 1. Sausage & Pasta in Tomato Sauce**

served with mixed salad

## Thursday

- 1. Pepperoni Pizza Pinwheel**

served with baked beans

## Friday

- 1. Breaded Chicken Burger**

served with jacket wedges and baby peas

Sweet Treat Friday

- 2. Baguette with a choice of Cheese, Tuna or Ham**

- 2. Loaded Chick Pea Ragu sweet potato wedges**

served with coleslaw

- 3. Baguette with a choice of Cheese, Tuna or Ham**

- 2. Quorn Dippers**

served with jacket wedges and baby peas

- 3. Jacket Potato with a choice of Cheese or Beans**

- 2. Salmon Fish Finger Taco**

served with green beans

- 3. Jacket Potato with a choice of Cheese or Beans**

- 2. Vegetable Burger**

served with sour cream dip and corn on the cob

- 3. Jacket Potato with a choice of Cheese or Beans**

Fresh  
All our food is cooked fresh each day

Healthy  
Our pasta, rice and breads are healthy wholemeal products

Checked  
We always use reputable suppliers and where possible use local produce

Available Everyday  
A healthy salad bar, fresh fruit and yoghurt



# Witham Oaks Academy

Week 2

w/b 07/09/26

w/b 28/09/26

w/b 19/10/26

## Monday

### 1. Pasta with Planet Friendly Sauces

served with crispy salad

### 2. Baguette with a choice of Cheese, Tuna or Ham



## Tuesday

### 1. Katsu Chicken Curry

served with coconut rice and kachumber salad

### 2. Vegetarian Sausage Rolls

served with diced potatoes and baked beans

### 3. Jacket Potato with a choice of Cheese or Beans

## Wednesday

### 1. Spaghetti Bolognese

served with mixed leaf salad

### 2. Veggie Balls in Tomato Sauce

served with pasta and mixed salad

### 3. Baguette with a choice of Cheese, Tuna or Ham

Fresh  
All our food is cooked fresh each day

## Thursday

### 1. Nacho Chicken

Chicken with tomato, cheese & crushed nachos served with vegetable rice

### 2. Quorn Mexican Burrito

served with corn on the cob

### 3. Baguette with a choice of Cheese, Tuna or Ham

Healthy  
Our pasta, rice and breads are healthy wholemeal products

## Friday

### 1. Breaded Fish Fillet

served with crispy chips and baby peas

Sweet Treat Friday

### 2. Cheesy Frittata

served with crispy chips and baby peas

### 3. Jacket Potato with a choice of Cheese or Beans

Checked  
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Available Everyday  
A healthy salad bar, fresh fruit and yohurt

# Witham Oaks Academy

Week 3

w/b 14/09/26

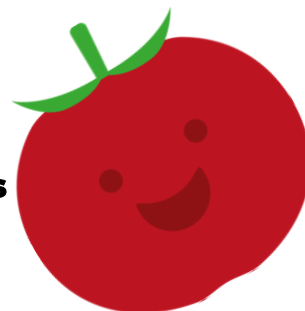
w/b 05/10/26

## Monday

### 1. Pizza Day

served with mixed leaves and corn

### 2. Jacket Potato with a choice of Cheese or Beans



## Tuesday

### 1. Southern Fried Chicken Goujon wedges & bbq beans

served with sweet crunchy coleslaw

### 2. Sweet Potato & Chick Pea Curry

served with lemon pilau rice

### 3. Baguette with a choice of Cheese, Tuna or Ham



## Wednesday

### 1. Roast of the Day

served with crispy roast potatoes, carrots, green beans and gravy

### 2. Quorn Roast

served with crispy roast potatoes, carrots, green beans and gravy

### 3. Baguette with a choice of Cheese, Tuna or Ham

Fresh  
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## Thursday

### 1. Pasta with Peas and Bacon

served with mixed salad

### 2. Vegetable Risotto

served with mixed salad

### 3. Baguette with a choice of Cheese, Tuna or Ham

Healthy  
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## Friday

### 1. Fish Fingers

served with crispy chips, baked beans or baby peas

### 2. Macaroni Cheese

served with coleslaw and salad

### 3. Jacket Potato with a choice of Cheese or Beans

Sweet Treat Friday

checked  
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